



COVID Specific Guidelines at NEBC Northboro

PHASE III STEP 1

(updated to include December 13th Amendments)

To participate or attend activities at NEBC, all participants, volunteers, coaches and spectators must be symptom free of COVID-19 for 14 days.

If any individual develops symptoms of COVID-19 while at NEBC they should be removed from the activity, promptly inform the program that they are associated with and/or NEBC staff and must return home.

Facility Entrance

- Gate closest to the building – for NEBC Northboro returners the entrance is the same as it has been in the past – clearly marked.

Facility Exit

- Separate, but adjacent to the facility entrance – clearly marked.

On-Field Activity

- Games are permitted as a part of Phase III
- Players are required to wear face coverings AT ALL TIMES
- Players should adhere to social distancing measures as often as possible understanding that some contact may occur during moderate risk sports
- If players can't maintain social distancing within the dugouts NEBC has provided additional seating in the bullpens for players. Players are also encouraged to bring their own chairs in order to social distance.
- Players are to bring and only use their own equipment, food and drink
- Coaches are required to wear face coverings and follow social distancing measures at all times
- Umpires/Officials are required to wear face coverings and follow social distancing measures at all times – the home plate umpire (baseball) will be moved behind the mound
- Dugouts will be cleaned after each use

Off-Field Activity

- We ask that the number of spectators be limited – Massachusetts states “spectators of youth sports...should be limited to one adult chaperone per athlete.”
- Spectators must wear face coverings and adhere to social distancing guidelines AT ALL TIMES
- Players must wear face coverings and adhere to social distancing guidelines to and from the parking lot

Additional Notes

- Though hand sanitizer will be made available on site, we highly encourage everyone to have their own personal bottle – this includes players and spectators.
- The restrooms adjacent to our concessions will be available but with limited capacity and frequent cleanings. The restrooms inside the main building will not be accessible.
- Please do not show up more than 30 minutes prior to your schedule time.
- When your game has concluded please be prompt in getting all equipment and exiting the facility.



Indoor Cages

- Players are required to wear face coverings AT ALL TIMES
- Players should adhere to social distancing measures as often as possible understanding that some contact may occur during moderate risk sports
- Coaches are required to wear face coverings AT ALL TIMES
- All rental times are set throughout the day – please do not show up more than 15 minutes early for your cage time
- Players are to bring and only use their own equipment, food and drink
- Batting cages will be disinfected
- Capacity is extremely limited

Coaches Checklist – COVID

- **Prior to your arrival at NEBC**
 - Send parents NEBC COVID Specific Guidelines
 - Remind parents one chaperone per player
 - Remind parents that they must wear masks and maintain social distancing at all times – no exceptions
 - No pop-up tents – parents are allowed to bring single umbrellas for shade
 - Chairs are allowed and encouraged as all benches have been removed
- **While you are at NEBC**
 - Coaches must wear face coverings or masks at all times
 - Players must wear face coverings or masks at all times
 - Spectators must wear face coverings or masks at all times
 - No post game/practice meetings – please gather equipment and leave the premises as soon as your game/practice has completed

Additional Rules

- All game/rental times are set throughout the day
- All games/rentals have time limits
- At the completion of each game/practice all participants will leave the premises expeditiously
 - This allows NEBC staff to thoroughly clean the dugouts, batting cages and other high touch areas. This also allows for no overlap in between games (see next point)
- Teams should not arrive any earlier than 30 minutes before game time or 15 minutes before a practice time – if you do arrive early please stay in your car in the parking lot.